

Operation Guide 5608

CASIO®

Contents

Before Getting Started...

Watch Face and Display Indicators

Navigating Between Modes

Cycling Between Timekeeping Mode Digital Display Contents

Shifting the Hands

Solar Charging

Useful Features

Time Adjustment

Using Watch Operations to Adjust the Time Setting

Setting a Home Time City

Setting the Time and Date

Using the Watch in a Medical Facility or Aircraft

Using Mobile Link with a Mobile Phone

Getting Ready

- ① Install the required app on your phone.
- ② Configure Bluetooth settings.
- ③ Pair the watch with a phone.

Auto Time Adjustment

Configuring World Time Settings

Configuring Timer Settings

Setting the Alarm

Adjusting Hand Alignment

Phone Finder

Configuring Watch Settings

Changing the Home City Summer Time Setting

Checking the Watch Charge Level

Connection

Connecting with a Phone

Disconnecting from a Phone

Using the Watch in a Medical Facility or Aircraft

Unpairing

If you purchase another phone

World Time

Checking World Time

World Time City Setting

Swapping Your Home Time and World Time

Stopwatch

Measuring Elapsed Time

Measuring a Split Time

Timing the First and Second Place Finishers

Timer

Setting the Countdown Start Time

Using the Timer

Alarms and Hourly Time Signal

Configuring Alarm Settings

Setting a Schedule Alarm

Configuring the Hourly Time Signal Setting

Turning Off an Alarm or the Hourly Time Signal

Light

Illuminating the Display Manually

Auto Light

Configuring the Auto Light Setting

Specifying the Illumination Duration

Hand Alignment Adjustment

Adjusting Hand Alignment

Other Settings

Switching between 12-hour and 24-hour Timekeeping

Changing the Date Display Format

Specifying the Day of the Week Language

Enabling the Button Operation Tone

Configuring Power Saving Function Settings

Resetting Watch Settings

Moving to Another Time Zone

Other Information

City Table

Summer Time Table

Supported Phones

Specifications

Mobile Link Precautions

Copyrights and Registered Copyrights

Troubleshooting

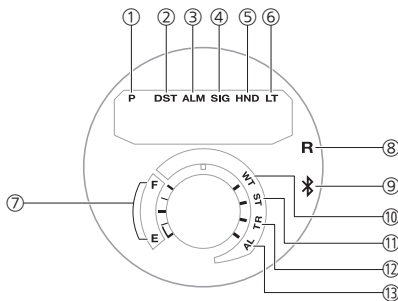
Before Getting Started...

This section provides an overview of the watch and introduces convenient ways it can be used.

Note

- The illustrations included in this operation guide have been created to facilitate explanation. An illustration may differ somewhat from the item it represents.

Watch Face and Display Indicators



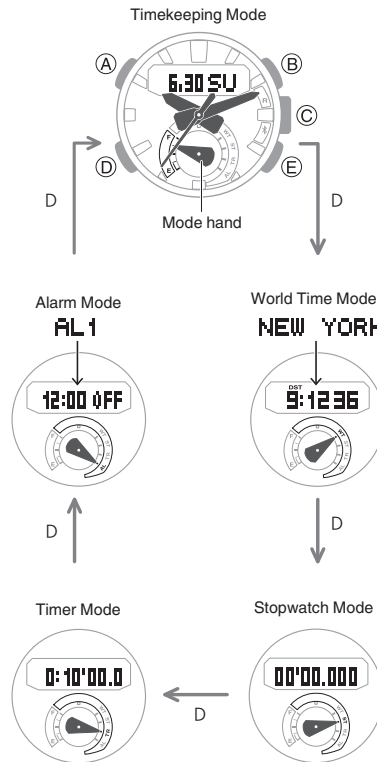
- Displayed during p.m. times while 12-hour timekeeping is being used.
- Displayed while the watch is indicating summer time.
- Displayed while an alarm is turned on.
- Displayed while the hourly time signal is enabled.
- Displayed while the watch's hands are shifted for easier reading.
- Displayed while Auto Light is enabled.
- Battery level
In the Timekeeping Mode, the current charge level is indicated by the mode hand.
- When the watch is standing by for connection with a phone, the second hand points to [R].
- When the watch is connected with a phone, the second hand points to

- In the World Time Mode, the mode hand points to [WT].
- In the Stopwatch Mode, the mode hand points to [ST].
- In the Timer Mode, the mode hand points to [TR].
- In the Alarm Mode, the mode hand points to [AL].

Navigating Between Modes

Press (D) to cycle between modes.

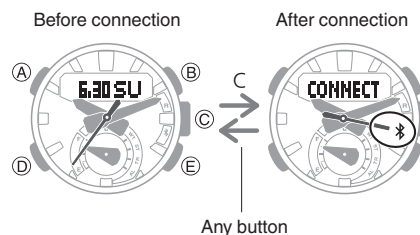
- In any mode, hold down (D) for at least two seconds to enter the Timekeeping Mode.



● Connecting with a Phone

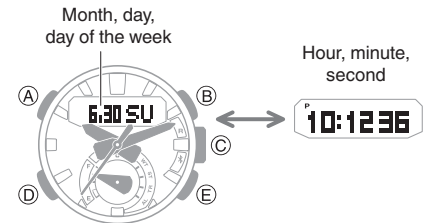
Hold down (C) for at least 1.5 seconds to establish a connection with a phone.

- To disconnect, press any button.



Cycling Between Timekeeping Mode Digital Display Contents

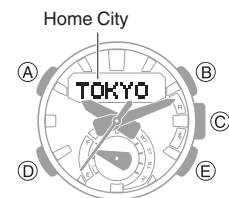
Each press of (A) in the Timekeeping Mode toggles between the display information as shown below.



● Displaying the Current Home City

In the Timekeeping Mode, pressing (E) will display the name of the currently selected Home City for a short while.

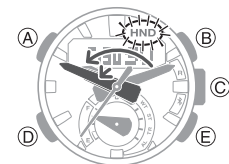
- To return manually to what was shown before the Home City, press (E).



Shifting the Hands

Hand shift moves the hands out of the way for easy viewing of display information.

- While holding down (B), press (D).
 - This will shift the analog hands to allow easy viewing of display information.



- To return the hands to their normal timekeeping positions, hold down (B) as you press (D) again, or press (D) to change to another mode.

Note

- If you leave the watch with its hands shifted and do not perform any operation for about one hour, the hands will resume normal timekeeping automatically.

Solar Charging

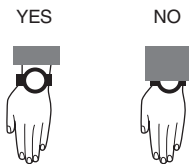
This watch runs on power supplied from a rechargeable (secondary) battery that is charged by a solar panel. The solar panel is integrated into the face of the watch, and power is generated whenever the face is exposed to light.

● Charging the Watch

When you are not wearing the watch, put it in a location where it is exposed to bright light.



While you are wearing the watch, make sure that its face (solar panel) is not blocked from light by the sleeve of your clothing. Power generation efficiency is reduced even when the face of the watch is blocked only partially.

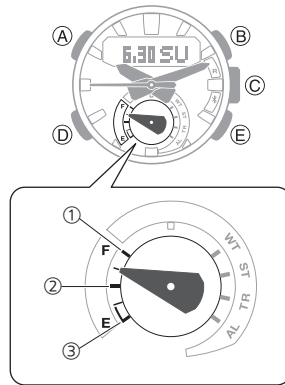


Important!

- Depending on light intensity and local conditions, the watch may become hot to the touch when exposed to light for charging. Take care to avoid burn injury after charging. Also, avoid charging the watch under high-temperature conditions like the ones described below.
 - On the dashboard of a vehicle parked in the sun
 - Near an incandescent light bulb or other source of heat
 - Under direct sunlight or in other hot areas for long periods

● Checking the Charge Level

In the Timekeeping Mode, the current charge level is indicated by the mode hand.



- Good (high charge)
- Good (medium charge)
- Low Battery

● Remaining Charge and Dead Battery

You can determine if the charge level is low by checking the hand movement. Functions become disabled as battery power goes low.

Important!

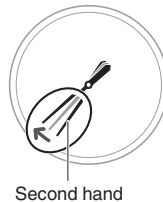
- Should the battery go low or go dead, expose the face (solar panel) to light as soon as possible.

Note

- Exposing the watch face to light after the battery goes dead will cause the [CHARGE] indicator to appear and the second hand to rotate counterclockwise until it stops at second 57. This indicates charging has started.

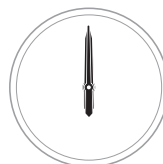
Low Battery Power

The second hand jumps at two-second intervals.



Dead Battery

All hands are stopped.



● Charging Time Guidelines

The table below shows guidelines for approximate charging times.

Charging Times Required for 1 Day of Operation

Light Level (Lux)	Approximate Charging Time
50,000	8 minutes
10,000	30 minutes
5,000	48 minutes
500	8 hours

Times Required to Achieve Next Charge Level

- Sunny day, outdoors (50,000 lux)

Dead battery → Medium charge	2 hours
Medium charge → High charge	20 hours
High charge → Full charge	6 hours

- Sunny day, near a window (10,000 lux)

Dead battery → Medium charge	6 hours
Medium charge → High charge	76 hours
High charge → Full charge	21 hours

- Overcast day, near a window (5,000 lux)

Dead battery → Medium charge	10 hours
Medium charge → High charge	122 hours
High charge → Full charge	33 hours

- Indoor fluorescent lighting (500 lux)

Dead battery → Medium charge	116 hours
Medium charge → High charge	-
High charge → Full charge	-

Note

- Actual charging time depends on the local charging environment.

● Power Saving Function

Leaving the watch in a dark location for about one hour between the hours of 10 p.m. and 6 a.m. will cause the display to go blank, and the watch to enter Level 1 power saving. If the watch is left in this condition for six or seven days, the watch will enter Level 2 power saving.

Power Saving Level 1 :

The second hand stops at 12 o'clock and the digital display goes blank to save power. The watch can connect with a phone at this level.

Power Saving Level 2 :

All hands stop and the digital display goes blank to save power. All functions are disabled.

Recovering from Power Saving Operation

Use one of the operations below to exit power saving.

- Press any button.
- Move the watch to a bright location.
- Trigger auto light by angling the watch towards your face.

Note

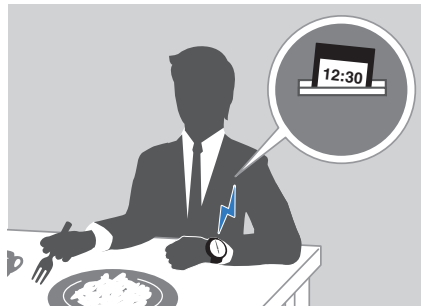
- The watch will not enter power saving in the cases below.
 - Alarm Mode
 - While in the Stopwatch Mode
 - While in the Timer Mode
- You can enable or disable Power Saving.
 - [Configuring Power Saving Function Settings](#)
- Note that the watch also may enter power saving if its face is blocked from light by your sleeve while you are wearing it.

Useful Features

Pairing the watch with your phone makes a number of the watch's features easier to use.

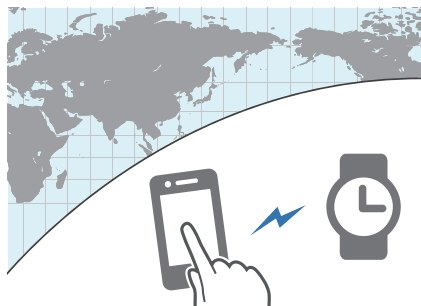
Auto time adjustment

○ [Auto Time Adjustment](#)



Selection of More Than 300 World Time cities

○ [Configuring World Time Settings](#)



In addition, a number of other watch settings can be configured using your phone.

To transfer data to a watch and to configure settings, you first need to pair the watch with your phone.

○ [Getting Ready](#)

- Your phone needs to have the CASIO "G-SHOCK Connected" app installed to pair with the watch.

Time Adjustment

Your watch can connect with a phone to obtain information that it uses to adjust its date and time setting.

Important!

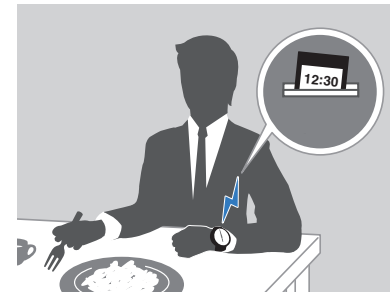
- Disable auto time adjustment whenever you are inside an aircraft or in any other area where radio wave reception is prohibited or restricted.
 - [Using G-SHOCK Connected to Configure Settings](#)
 - [Using Watch Operations to Configure Settings](#)

Referring to the information below, configure the time setting in accordance with the method that suits your own lifestyle.

Do you use a phone?

Time adjustment by connecting with your phone is recommended.

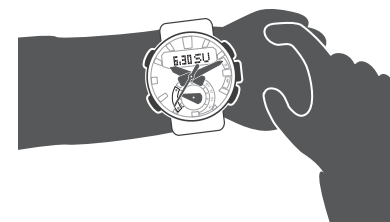
○ [Auto Time Adjustment](#)



If your phone cannot connect with the watch

You can adjust time settings by performing operations on the watch.

○ [Using Watch Operations to Adjust the Time Setting](#)



Using Watch Operations to Adjust the Time Setting

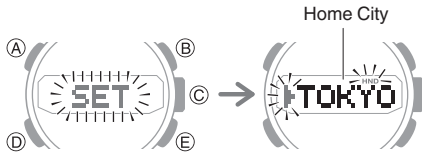
Setting a Home Time City

Use the procedure in this section to select a city to use as your Home City. If you are in an area that observes summer time, you can also enable or disable summer time.

Note

- The initial factory default summer time setting for all cities is [AUTO]. In many cases, the [AUTO] setting lets you use the watch without switching between summer time and standard time.

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Use (B) and (E) to change the Home City.
 - For details refer to the information below.
[🔍 City Table](#)

4. Press (D).

5. Use (E) to select a summer time setting. Each press of (E) cycles through available settings in the sequence shown below.

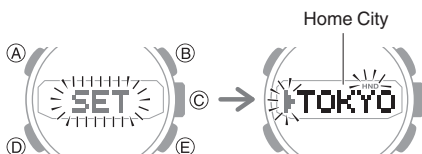
- [AUTO]
The watch switches between standard time and summer time automatically.
- [OFF]
The watch always indicates standard time.
- [ON]
The watch always indicates summer time.



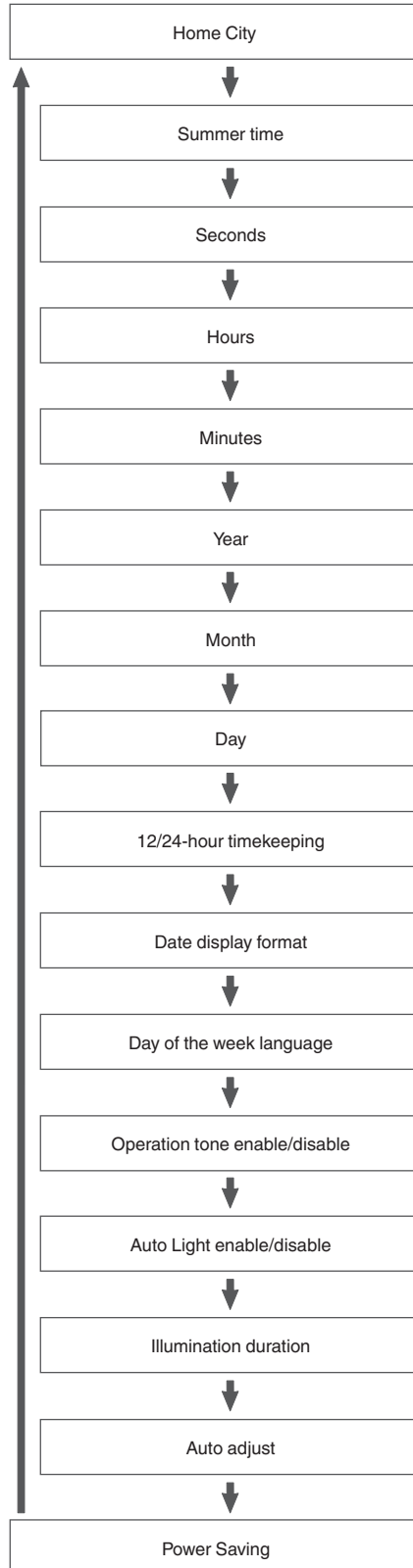
6. Press (A) to exit the setting screen.

Setting the Time and Date

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Keep pressing (D) until the setting item you want to change is selected.
 - Each press of (D) moves to the next setting item in the sequence shown below.



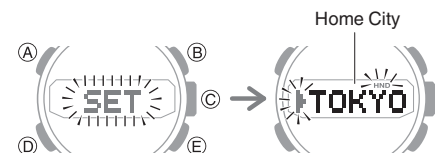
4. Configure the date and time settings.
 - To reset the seconds to 00: Press (E). 1 is added to the minutes when the current count is between 30 and 59 seconds.
 - Use (B) and (E) to change the other settings.
5. Repeat steps 3 and 4 to select time and date settings.
6. Press (A) to exit the setting screen.

Using the Watch in a Medical Facility or Aircraft

Whenever you are in a hospital, on an aircraft, or in any other location where connection with a phone may cause problems, you can perform the procedure below to disable auto time adjustment. To re-enable auto time adjustment, perform the same operation again.

- This operation is not required if the watch is not paired with a phone.

1. If the watch is in any mode besides the Timekeeping Mode, hold down (D) for at least two seconds to enter the Timekeeping Mode.
2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Press (D) 14 times.
This displays [RCV].



4. Press (E) to select the auto time adjustment setting you want.
[OFF]: Auto time adjustment disabled.
[ON]: Auto time adjustment enabled.
5. Press (A) to exit the setting screen.

Using Mobile Link with a Mobile Phone

While there is a Bluetooth connection between the watch and phone, the watch time setting is adjusted automatically. You can also change the watch's other settings.

Note

- This function is available only while G-SHOCK Connected is running on the phone.
- This section describes watch and phone operations.
- 🕒 : Watch operation
- 📱 : Phone operation

Getting Ready

① Install the required app on your phone.

In Google Play or the App Store, search for the CASIO "G-SHOCK Connected" app and install it on your phone.

② Configure Bluetooth settings.

Enable the phone's Bluetooth.

Note

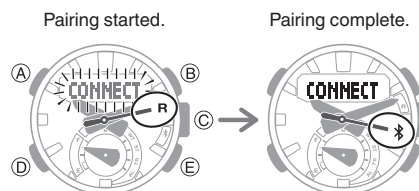
- For details about setting procedures, see your phone documentation.

③ Pair the watch with a phone.

Before you can use the watch in combination with a phone, you first need to pair them.

1. Move the phone to be paired with close to (within one meter of) the watch.
2. 📱 Tap the "G-SHOCK Connected" icon.
3. 🕒 Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

4. 📱 Perform the operation shown on the phone screen to be paired with.
 - When pairing starts, the second hand will point to [R]. When pairing is complete, the second hand will move to 📱.



Note

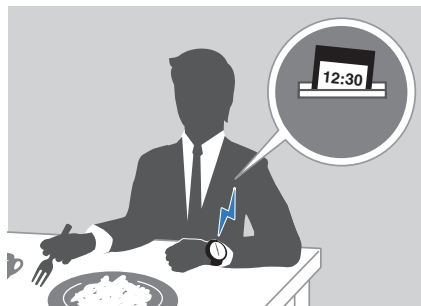
- The first time you start up G-SHOCK Connected, a message will appear on your phone asking if you want to enable location information acquisition. Configure settings to allow background use of location information.

Auto Time Adjustment

Your watch will connect with a phone at preset times each day and adjust its time settings automatically.

● Using This Function

Your watch adjusts its time setting four times a day according to a preset schedule. If you leave your watch in the Timekeeping Mode, it will perform the adjustment operation automatically as you go about your daily life, without any operation required by you.



Important!

- The watch may not be able to perform auto time adjustment under the conditions described below.
 - While the watch is too far away from its paired phone
 - While communication is not possible due to radio interference, etc.
 - While the phone is updating its system

Note

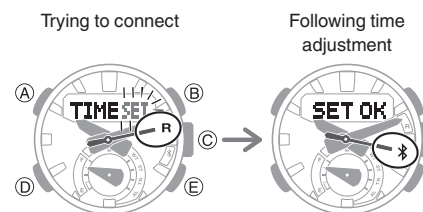
- If the watch does not indicate the correct time even if it is able to connect with a phone, adjust the hand and date indicator positions.
 - 🕒 [Adjusting Hand Alignment](#)
- If there is a World Time City specified with G-SHOCK Connected, its time will also be adjusted automatically.
- The watch will connect with the phone and perform auto time adjustment at around 12:30 a.m., 6:30 a.m., 12:30 p.m. and 6:30 p.m. The connection is automatically terminated after auto time adjustment is complete.
- The watch cannot connect with a phone for time adjustment while a stopwatch measurement or timer operation is in progress.

● Triggering Immediate Time Adjustment

The watch's time setting will be adjusted automatically whenever you establish a connection between the watch and a phone. Whenever you want to trigger immediate time adjustment, perform the procedure below to connect with a phone.

1. Move the phone close to (within one meter of) the watch.
2. 🕒 Press (C).

[SET] flashes to indicate that the watch has started the connection operation. Once the watch and phone are connected, [OK] will appear, and then the watch will adjust its time setting based on information from the phone.

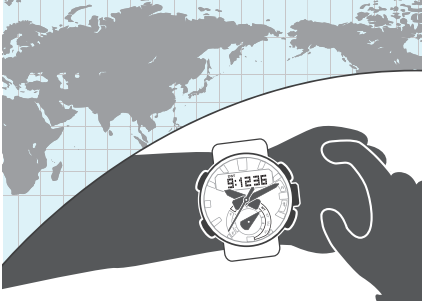


Note

- You can perform the above operation for time adjustment from any watch mode.
- The connection is terminated automatically after time adjustment is complete.
- If time adjustment fails for some reason, [ERR] will appear.

Configuring World Time Settings

Specifying a World Time City with G-SHOCK Connected causes the watch's World Time City to change accordingly. Settings can be configured to perform auto summer time switching for the World Time City.



Note

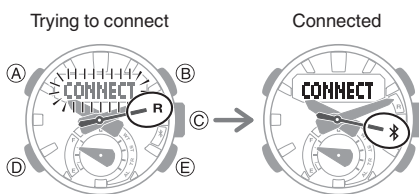
- G-SHOCK Connected World Time lets you select from among approximately 300 cities as the World Time City.

Selecting a World Time City

- Tap the "G-SHOCK Connected" icon.
- Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to ⌘.

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



- Perform the operation shown on the phone screen. The World Time setting will be reflected on the watch.

Note

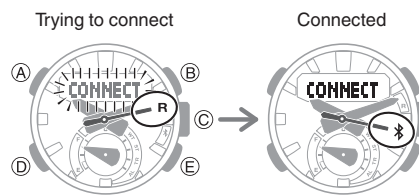
- You can use G-SHOCK Connected to configure settings for user cities that are not included in the watch's built-in World Time Cities. You must use G-SHOCK Connected to select a user city as your World Time City.

Configuring the Summer Time Setting

- Tap the "G-SHOCK Connected" icon.
- Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to ⌘.

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



- Perform the operation shown on the phone screen to select a summer time setting.

- "Auto"
The watch switches between standard time and summer time automatically.
- "OFF"
The watch always indicates standard time.
- "ON"
The watch always indicates summer time.

Note

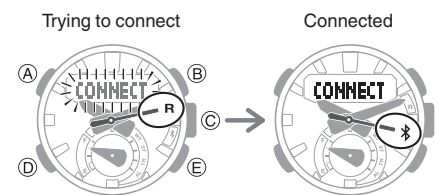
- While the summer time setting is "Auto", the watch will switch between standard time and summer time automatically. You do not need to switch between standard time and summer time manually. Even if you are in an area that does not observe summer time, you can leave the watch's summer time setting as "Auto".
- For information about summer time periods, refer to the "Summer Time Table" or G-SHOCK Connected.

Swapping Your World Time and Home Time

- Tap the "G-SHOCK Connected" icon.
- Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to ⌘.

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



- Perform the operation shown on the phone screen to swap your Home Time with your World Time.

Note

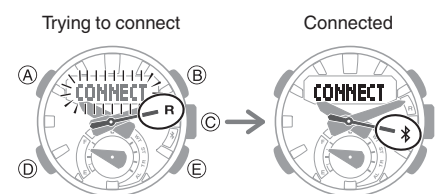
- Auto time adjustment does not work for 24 hours after swapping of the Home Time and World Time.

Configuring Timer Settings

- Tap the "G-SHOCK Connected" icon.
- Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to ⌘.


- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



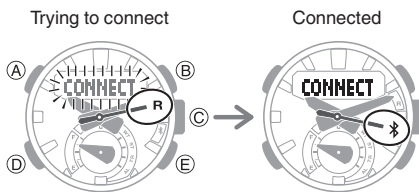
- Perform the operation shown on the phone screen to configure the timer time setting.

Setting the Alarm

1. Tap the "G-SHOCK Connected" icon.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to .

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.




3. Perform the operation shown on the phone screen to configure alarm time settings.

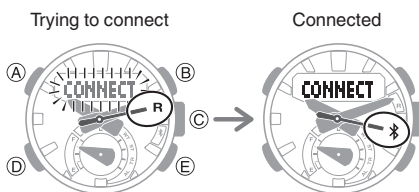
Adjusting Hand Alignment

If the hands are out of alignment even though auto time adjustment is being performed, use G-SHOCK Connected to adjust them.

1. Tap the "G-SHOCK Connected" icon.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to .

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



3. Perform the operation shown on the phone screen to correct hand alignment.

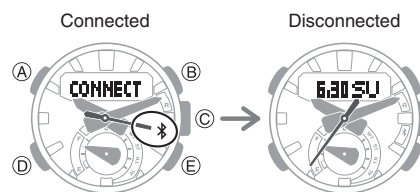
Phone Finder

You can use phone finder to trigger a tone on the phone to make it easy to find. The tone is forced to sound even if the phone is in vibrate mode.

Important!

- Do not use this function in areas where phone call tones are restricted.
- The tone sounds at a high volume. Do not use this function when listening to phone output over earphones.

1. If the watch is connected with a phone, press any button to terminate the connection.

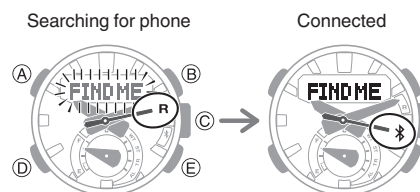


2. If the watch is in any mode besides the Timekeeping Mode, hold down (D) for at least two seconds to enter the Timekeeping Mode.

3. Hold down (E) for at least 1.5 seconds until the second hand moves to [R].

The phone will sound a tone when it establishes a connection with the watch.

- It will take a few seconds before the phone tone sounds.




4. Press any button to stop the tone.
 - You can press any watch button to stop the phone tone only during the first 30 seconds after it starts to sound.

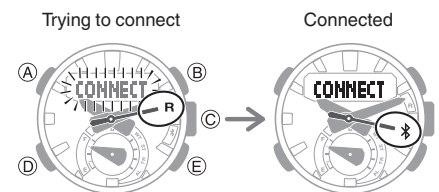
Configuring Watch Settings

You can use G-SHOCK Connected to specify the amount of time until a Bluetooth connection is automatically terminated, to enable or disable the watch operation tone, and to configure other settings.

1. Tap the "G-SHOCK Connected" icon.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to .

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



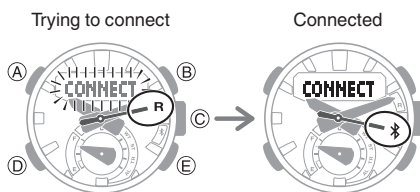
3. Select the setting you want to change and then perform the operation shown on the phone screen.

Changing the Home City Summer Time Setting

1. Tap the “G-SHOCK Connected” icon.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



3. Perform the operation shown on the phone screen to change your Home City summer time setting.

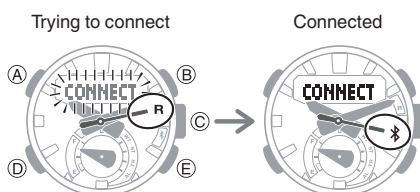
Checking the Watch Charge Level

Use the procedure below to check the current charge level with G-SHOCK Connected.

1. Tap the “G-SHOCK Connected” icon.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



3. Use G-SHOCK Connected to check the charge level.

Connection

Connecting with a Phone

This section explains how to establish a Bluetooth connection with a phone that is paired with the watch.

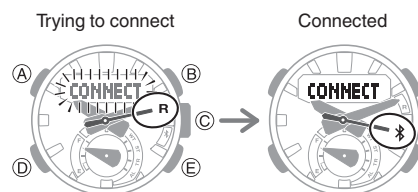
- If the watch is not paired with the phone you want to connect with, refer to the information below and pair them.

③ Pair the watch with a phone.

1. Move the phone close to (within one meter of) the watch.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to

- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



Important!

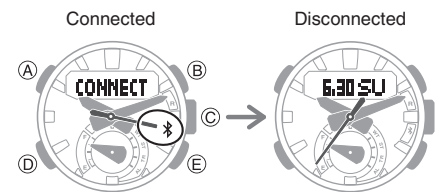
- If you have problems establishing a connection, it could mean that G-SHOCK Connected is not running on the phone. On the phone’s Home Screen, tap the “G-SHOCK Connected” icon. After the app starts up, hold down the watch’s (C) button for at least 1.5 seconds.

Note

- The connection will be terminated if you do not perform any operation on the watch or phone for a fixed amount of time.
To specify the connection limit time, perform the following operation with G-SHOCK Connected: “Watch settings” → “Connection time”. Next, select a setting of 3 minutes, 5 minutes, or 10 minutes.

Disconnecting from a Phone

Pressing any button will terminate a Bluetooth connection and return to the Timekeeping Mode.



Using the Watch in a Medical Facility or Aircraft

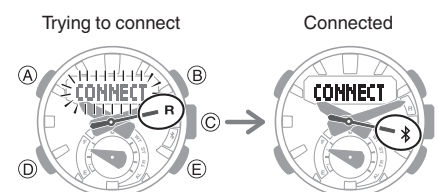
Whenever you are in a hospital, on an aircraft, or in any other location where connection with a phone may cause problems, you can perform the procedure below to disable auto time adjustment. To re-enable auto time adjustment, perform the same operation again.

- This operation is not required if the watch is not paired with a phone.

1. Tap the “G-SHOCK Connected” icon.
2. Hold down (C) for at least 1.5 seconds until [CONNECT] starts to flash.

When a connection is established between the watch and phone, [CONNECT] will stop flashing and the second hand will move from [R] to

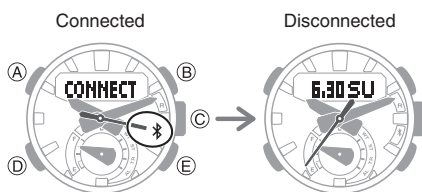
- If connection fails for some reason, [ERR] will appear on the display momentarily and then the watch will return to the mode it was in before you started the connection procedure.



3. Perform the operation shown on the phone screen to enable or disable auto time adjustment.

Unpairing

- If the watch is connected with a phone, press any button to terminate the connection.



- Tap the “G-SHOCK Connected” icon.
- Perform the operation shown on the phone screen to unpair.

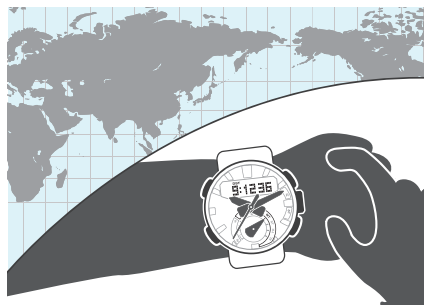
If you purchase another phone

You need to perform the pairing operation whenever you want to establish a Bluetooth connection with a phone for the first time.

- Pair the watch with a phone.

World Time

World Time lets you look up the current time in any one of 39 cities around the globe, and UTC (Coordinated Universal Time).



Note

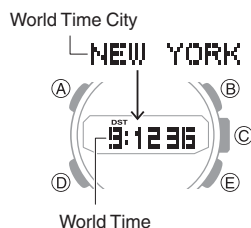
- World Time cities that can be selected only by using G-SHOCK Connected cannot be selected using watch operations.

[Configuring World Time Settings](#)

Checking World Time

- Enter the World Time Mode.
[Navigating Between Modes](#)

After the World Time City name appears, the watch will display the current time in that city.



- To display the World Time City while in the World Time Mode, press (A).

World Time City Setting

Use the procedure in this section to select a World Time city. If you are in an area that observes summer time, you can also enable or disable summer time.

Note

- The initial factory default summer time setting for all cities is [AUTO]. In many cases, the [AUTO] setting lets you use the watch without switching between summer time and standard time.

- Enter the World Time Mode.
[Navigating Between Modes](#)
- Use (E) to display the city you want.
- To change the summer time setting, hold down (A) for at least two seconds. Release the button when [AUTO] starts to flash.



- Use (E) to select a summer time setting. Each press of (E) cycles through available settings in the sequence shown below.
 - [AUTO]

The watch switches between standard time and summer time automatically.
 - [OFF]

The watch always indicates standard time.
 - [ON]

The watch always indicates summer time.
- Press (A) to exit the setting screen.

Note

- While [UTC] is selected as the city, you will not be able to change or check the summer time setting.
- If you select a World Time City with G-SHOCK Connected and then change to a different city with a watch operation, the G-SHOCK Connected city information is deleted from the watch.

[Configuring World Time Settings](#)

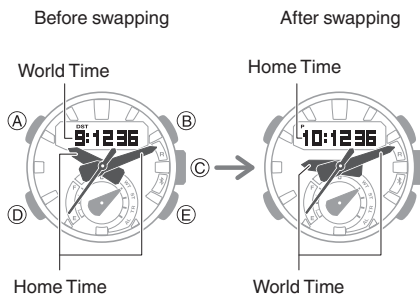
Swapping Your Home Time and World Time

1. Enter the World Time Mode.

[🔍 Navigating Between Modes](#)

2. Press (A) and (B) at the same time.

This will swap your Home City Time and World Time.



Note

- This function comes in handy when you need to move to another time zone. For details about how to use it, go to the section below.
[🔍 Moving to Another Time Zone](#)

Stopwatch

The stopwatch measures elapsed time in 1/1000-second units for the first hour, and in 1/10-second units after that for up to 24 hours.



Measuring Elapsed Time

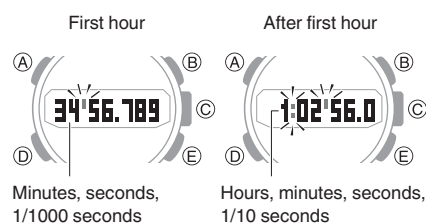
1. Enter the Stopwatch Mode.

[🔍 Navigating Between Modes](#)

2. Use the operations below to measure elapsed time.

(E) Start
↓
(E) Stop
↓
(E) Resume
↓
(E) Stop

- Elapsed time is shown in 1/1000-second units for the first hour of the measurement session. After the first hour, elapsed time is shown in 1/10-second units.



3. Press (A) to reset the elapsed time to all zeros.

Measuring a Split Time

1. Enter the Stopwatch Mode.

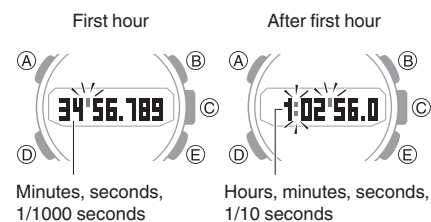
[🔍 Navigating Between Modes](#)

2. Use the operations below to measure elapsed time.

- Pressing (A) causes the elapsed time up to that point (split time) to be indicated.

(E) Start
↓
(A) Split
↓
(A) Split release
↓
(E) Stop

- Elapsed time is shown in 1/1000-second units for the first hour of the measurement session. After the first hour, elapsed time is shown in 1/10-second units.

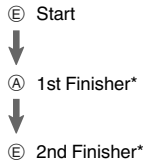


3. Press (A) to reset the elapsed time to all zeros.

Timing the First and Second Place Finishers

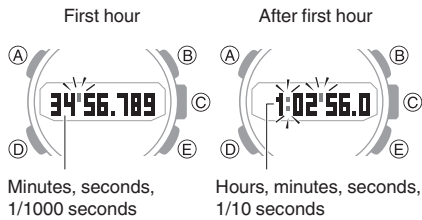
1. Enter the Stopwatch Mode.
[Navigating Between Modes](#)

2. Use the operations below to measure elapsed time.



* Displays the time of the first finisher.

- Elapsed time is shown in 1/1000-second units for the first hour of the measurement session. After the first hour, elapsed time is shown in 1/10-second units.

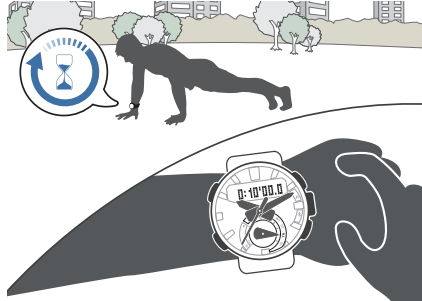


3. Press (A) to display the time of the second finisher.
4. Press (A) to reset the elapsed time to all zeros.

Timer

The timer counts down from a start time specified by you. A beeper sounds when the end of the countdown is reached.

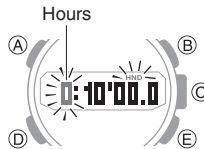
- The beeper is muted when battery power is low.



Setting the Countdown Start Time

The countdown start time can be set in 1-second units up to 24 hours.

1. Enter the Timer Mode.
[Navigating Between Modes](#)
2. Hold down (A) for at least two seconds. Release the button when the hour digits start to flash.



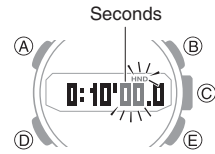
3. Use (B) and (E) to change the timer hours setting.
 - To countdown 24 hours, set [0:00'00.0] for the start time.

4. Press (D).
 This causes the minutes digits to flash.



5. Use (B) and (E) to change the timer minutes setting.

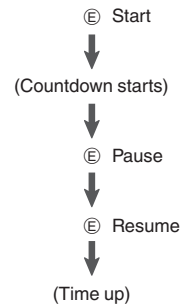
6. Press (D).
 This causes the seconds digits to flash.



7. Use (B) and (E) to change the timer seconds setting.
8. Press (A) to exit the setting screen.

Using the Timer

1. Enter the Timer Mode.
[Navigating Between Modes](#)
2. Use the operations below to perform a timer operation.

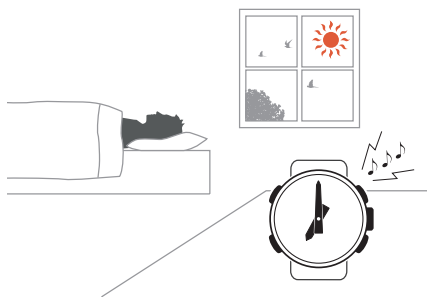


- A beeper will sound for 10 seconds to let you know when the end of a countdown is reached.
 - To reset a paused countdown to the start time, press (A).
3. Press any button to stop the tone.

Alarms and Hourly Time Signal

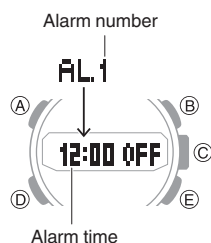
The watch will beep when an alarm time is reached. You can set up to five different alarms. The hourly time signal causes the watch to beep every hour on the hour.

- The alarm sound is muted in the cases described below.
 - When battery power is low
 - When watch is at Level 2 power saving
- [Power Saving Function](#)

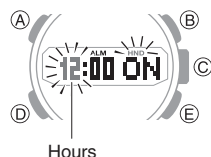


Configuring Alarm Settings

- Enter the Alarm Mode.
 - [Navigating Between Modes](#)
- Press (E) to scroll through alarm numbers ([AL1] to [AL5]) until the number of the alarm you want to configure is displayed.



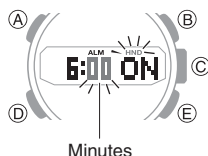
- Hold down (A) for at least two seconds. Release the button when the hours digits start to flash.



- Use (B) and (E) to change the hour setting.
 - If you are using 12-hour timekeeping, [P] indicates p.m.



- Press (D). This causes the minutes digits to flash.



- Use (B) and (E) to change the minute setting.
- Press (D). This causes the alarm type to flash.



- Use (E) to select the alarm type.
 - [DAILY]: Alarm sounds every day at the alarm time.
 - [1TIME]: Alarm sounds only once at the alarm time.
 - [SCHEDULE]: Alarm sounds on the specified date.
- [Setting a Schedule Alarm](#)

- Press (A) to exit the setting screen.
 - [ALM] is shown on the display while an alarm is set.



- Hold down (D) for at least two seconds to return to the Timekeeping Mode.

Note

- A beeper sounds for 10 seconds when an alarm time is reached.
- You can also use G-SHOCK Connected to configure alarm time settings.

● To stop the alarm

Pressing any button while the beeper is sounding stops it.

Setting a Schedule Alarm

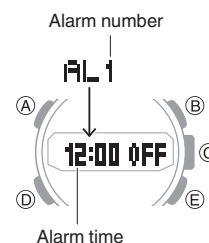
With [SCHEDULE], you can specify the year, month, and day that you want an alarm to sound.

● Creating a Schedule Alarm

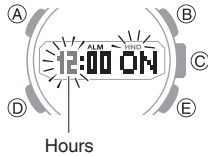
There are various schedule alarm variations, and the variation that is set depends on the year, month, and day settings you configure. Three typical setting configurations are shown below, but other configurations are also possible.

- Year, month, day all specified
The alarm sounds once at the specified time on the specified date.
- Year, month, day partially specified
 - Specifying only the year will cause the alarm to sound at the specified time every day of the specified year.
 - Specifying only the month and day will cause the alarm to sound at the specified time on the specified date every year.
- Year, month, day not specified (Display: [----.--.--])
In this case, the alarm will sound at the specified time every day.

- Enter the Alarm Mode.
 - [Navigating Between Modes](#)
- Press (E) to scroll through alarm numbers ([AL1] to [AL5]) until the number of the alarm you want to configure is displayed.



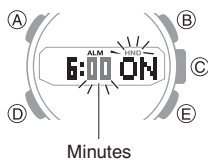
- Hold down (A) for at least two seconds. Release the button when the hours digits start to flash.



- Use (B) and (E) to change the hour setting.
 - If you are using 12-hour timekeeping, [P] indicates p.m.



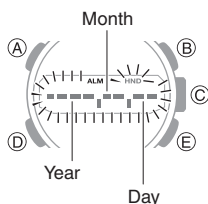
- Press (D). This causes the minutes digits to flash.



- Use (B) and (E) to change the minute setting.
- Press (D). This causes the alarm type to flash.
- Press (E) to display [SCHEDULE].



- Press (A). This displays a screen for setting the year, month, and day.
 - Use (B) and (E) to change the currently selected setting item.
 - Use (D) to move between setting items (year, month, day).



- Press (A) to exit the setting screen.
 - [ALM] is shown on the display while an alarm is set.



- Hold down (D) for at least two seconds to return to the Timekeeping Mode.

Note

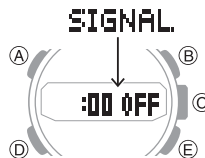
- A beeper sounds for 10 seconds when an alarm time is reached.
- You can also use G-SHOCK Connected to configure alarm time settings.

To stop the alarm

Pressing any button while the beeper is sounding stops it.

Configuring the Hourly Time Signal Setting

- Enter the Alarm Mode.
 - [Navigating Between Modes](#)
- Press (E) to display [SIGNAL].



- Press (A) to toggle the hourly time signal between enabled (on) and disabled (off).
 - [SIG] is shown on the display while the hourly time signal is on.



- Hold down (D) for at least two seconds to return to the Timekeeping Mode.

Note

- You can also use G-SHOCK Connected to configure the hourly time signal setting.

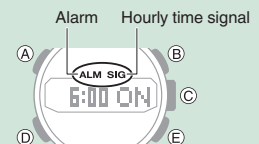
Turning Off an Alarm or the Hourly Time Signal

To stop an alarm or the hourly time signal from sounding, perform the steps below to turn it off.

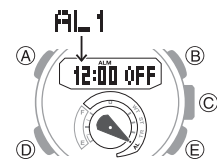
- To have an alarm or hourly time signal sound again, turn it back on.

Note

- Indicators are displayed while any of the alarms or the hourly time signal is turned on.
- The applicable indicators are not displayed while all of the alarms are turned off and/or the hourly time signal is turned off.



- Enter the Alarm Mode.
 - [Navigating Between Modes](#)



- Use (E) to scroll through alarm numbers ([AL1] to [AL5]) and the hourly time signal ([SIGNAL]) screens until the one whose setting you want to change is displayed.

Alarm or hourly time signal



- Press (A) to turn off an alarm or the hourly time signal.
 - Each press of (A) toggles between ON and OFF.
 - Turning off all of the alarms and the hourly time signal causes [ALM] and [SIG] to disappear from the display.



Note

- If [ALM] remains on the display, it means that at least one alarm is still turned on. To turn off all of the alarms, repeat steps 2 and 3 until the [ALM] indicator is no longer displayed.
- Note that you will not be able to turn on a [SCHEDULE] alarm whose date has already passed.

Light

The face of the watch can be illuminated for reading in the dark. The watch also has an auto light function that automatically illuminates the display whenever the watch is angled for reading in the dark.

Illuminating the Display Manually

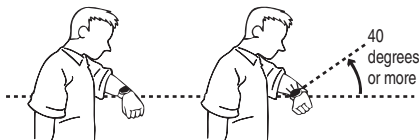
Pressing (B) turns on illumination.



- Illumination will turn off automatically if an alarm starts to sound.

Auto Light

If Auto Light is enabled, display illumination will turn on automatically whenever the watch is positioned at an angle of 40 degrees or more when it is dark.



Important!

- Auto Light may not operate properly when the watch is at a horizontal angle of 15 degrees or greater from horizontal as shown in the illustration below.



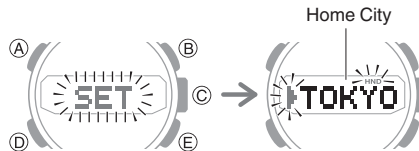
- Auto Light may operate unintentionally and run down the battery if the watch is blocked from light by your sleeve.
- Electro-static charge or magnetism can interfere with proper auto light operation. If this happens, try lowering your arm and then angle it towards your face again.
- When moving the watch you may note a slight rattling sound. This is due to operation of the auto light switch, which determines the current orientation of the watch. It does not indicate malfunction.

Note

- Auto Light is disabled when any one of the conditions below exists.
 - Alarm, timer alert, or other beeper sounding

Configuring the Auto Light Setting

1. Enter the Timekeeping Mode.
 - ☞ [Navigating Between Modes](#)
2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Press (D) 12 times to display [AUTO].



4. Press (E) to toggle Auto Light between enable and disable.

[ON]: Illumination turns on when the watch is angled towards the face.

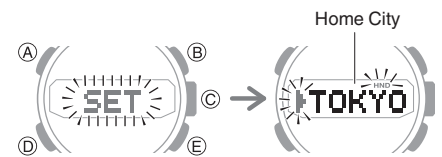
[OFF]: Illumination does not turn on when the watch is angled towards the face.

5. Press (A) to exit the setting screen.

Specifying the Illumination Duration

You can select either 1.5 seconds or three seconds as the illumination duration.

1. Enter the Timekeeping Mode.
 - ☞ [Navigating Between Modes](#)
2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Press (D) 13 times to display [LIGHT].



4. Press (E) to toggle between the two illumination duration settings.

[1]: 1.5-second illumination

[3]: 3-second illumination



5. Press (A) to exit the setting screen.

Hand Alignment Adjustment

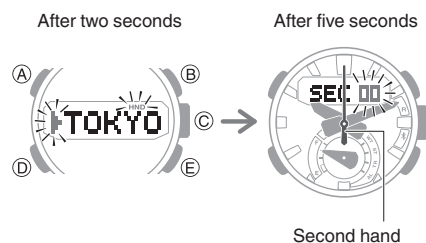
Strong magnetism or impact can cause the time indicated by the analog hands to become different from the time on the digital display. If this happens, adjust hand alignment.

Adjusting Hand Alignment

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)

2. Hold down (A) for at least five seconds. Release the button when [00] starts to flash.

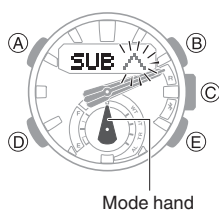
This enables adjustment of second hand alignment.



3. If the second hand is not at 12 o'clock, use (B) and (E) to align it.

4. Press (D).

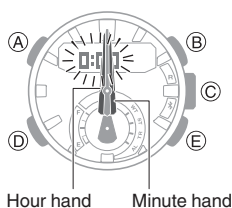
This enables adjustment of mode hand alignment.



5. If the mode hand is not at 12 o'clock, use (B) and (E) to align it.

6. Press (D).

This enables adjustment of the hour and minute hands.



7. If the hour hand and minute hand are not at 12 o'clock, use (B) and (E) to align them.

8. Press (A) to exit the setting screen.

Other Settings

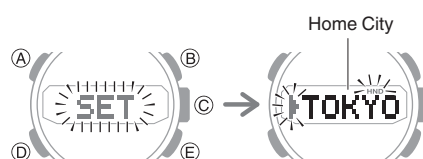
This section explains other watch settings you can configure.

Switching between 12-hour and 24-hour Timekeeping

You can specify either 12-hour format or 24-hour format for the time display.

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.

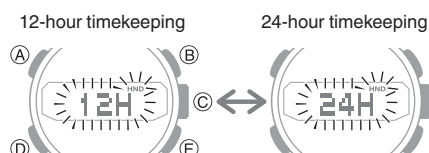


3. Press (D) eight times.

This causes [12H] or [24H] to flash on the display.



4. Press (E) to toggle the setting between [12H] (12-hour timekeeping) or [24H] (24-hour timekeeping).

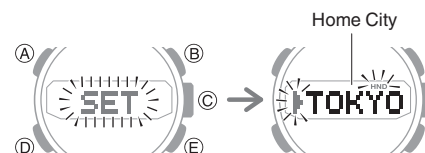


5. Press (A) to exit the setting screen.

Changing the Date Display Format

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Press (D) nine times.

This displays a screen for selecting the date display format.



4. Use (E) to select a date display format.

YYYY: Year

M: Month

DD: Day

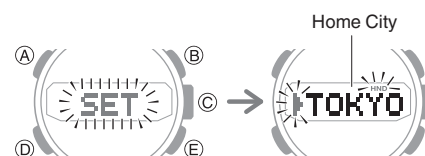
5. Press (A) to exit the setting screen.

Specifying the Day of the Week Language

You can select any one of six languages for the day of the week display in the Timekeeping Mode.

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)

2. Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



3. Press (D) 10 times.

This causes the language setting to flash.



- Use (E) and (B) to select a language.

[ENG]: English
 [ESP]: Spanish
 [FRA]: French
 [DEU]: German
 [ITA]: Italian
 [PyC]: Russian

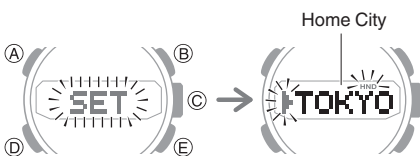
- Press (A) to exit the setting screen.

Enabling the Button Operation Tone

Use the procedure below to enable or disable the tone that sounds when you press a button.

- Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)

- Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



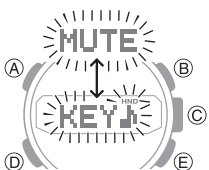
- Press (D) 11 times.

This causes [KEY ♪] or [MUTE] to flash on the display.



- Use (E) to select [KEY ♪] or [MUTE].

[KEY ♪]: Operation tone enabled.
 [MUTE]: Operation tone muted.



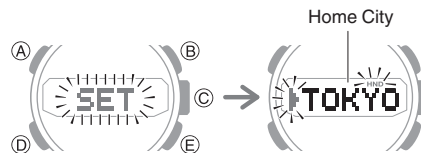
- Press (A) to exit the setting screen.

Note

- Note that alarm and timer tones will still sound even while the operation tone is muted.

Configuring Power Saving Function Settings

- Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
- Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



- Press (D) 15 times.

This displays [P.SAVE].



- Press (E) to toggle the setting between enabled (on) and disabled (off).

[ON]: Power Saving enabled.
 [OFF]: Power Saving disabled.

- Press (A) to exit the setting screen.

Note

- For details about Power Saving, refer to the information below.
[🔍 Power Saving Function](#)

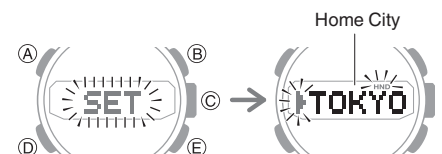
Resetting Watch Settings

This section explains how to return the watch settings below to their initial factory defaults.

- Watch Settings
- Stopwatch
- Timer
- Alarm

- Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)

- Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.



- Press (D) twice.

This causes the seconds to flash.



- Hold down (B) for at least five seconds. Release the button when [RESET] stops flashing.



- Press (A) to exit the setting screen.

Note

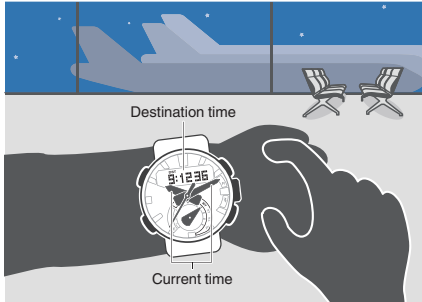
- Resetting the watch will also delete information for pairing the watch with a phone, and unpair them.

Moving to Another Time Zone

Use the procedure below to easily change day and time settings of the watch to a destination location.

● Before Boarding

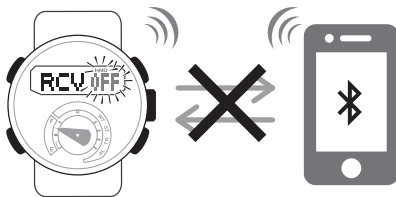
1. Configure the World Time to the current time at your destination.



🔗 [Using G-SHOCK Connected to Configure Settings](#)

🔗 [Using Watch Operations to Configure Settings](#)

2. Disable auto time adjustment.

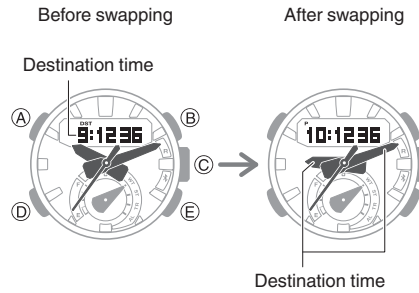


🔗 [Using G-SHOCK Connected to Configure Settings](#)

🔗 [Using Watch Operations to Configure Settings](#)

● In the aircraft, before arriving at your destination

1. Swap the origin time zone time with the destination time zone time.



🔗 [Using G-SHOCK Connected to Configure Settings](#)

🔗 [Using Watch Operations to Configure Settings](#)

● After Arriving

1. Enable auto time adjustment.
 - 🔗 [Using G-SHOCK Connected to Configure Settings](#)
 - 🔗 [Using Watch Operations to Configure Settings](#)
2. Adjust the time setting.
 - 🔗 [Triggering Immediate Time Adjustment](#)

Other Information

This section provides non-operational information you also need to know. Refer to this information as required.

City Table

City	Offset
UTC	Coordinated Universal Time 0
LONDON	London 0
PARIS	Paris +1
ATHENS	Athens +2
JEDDAH	Jeddah +3
TEHRAN	Tehran +3.5
DUBAI	Dubai +4
KABUL	Kabul +4.5
KARACHI	Karachi +5
DELHI	Delhi +5.5
KATHMANDU	Kathmandu +5.75
DHAKA	Dhaka +6
YANGON	Yangon +6.5
BANGKOK	Bangkok +7
HONG KONG	Hong Kong +8
PYONGYANG	Pyongyang +8.5
EUCLA	Eucla +8.75
TOKYO	Tokyo +9
ADELAIDE	Adelaide +9.5
SYDNEY	Sydney +10
LORD HOWE ISLAND	Lord Howe Island +10.5
NOUMEA	Noumea +11
WELLINGTON	Wellington +12
CHATHAM ISLAND	Chatham Islands +12.75
NUKU'ALOFA	Nuku'alofa +13
KIRITIMATI	Kiritimati +14
BAKER ISLAND	Baker Island -12
PAGO PAGO	Pago Pago -11
HONOLULU	Honolulu -10
MARQUESAS ISLANDS	Marquesas Islands -9.5
ANCHORAGE	Anchorage -9
LOS ANGELES	Los Angeles -8
DENVER	Denver -7
CHICAGO	Chicago -6
NEW YORK	New York -5
HALIFAX	Halifax -4
ST. JOHN'S	St. John's -3.5
RIO DE JANEIRO	Rio de Janeiro -3
F. DE NORONHA	Fernando de Noronha -2
PRAIA	Praia -1

- The information in the above table is current as of January 2019.
- Time zones may change and UTC differentials may become different from those shown in the table above. If this happens, connect the watch with a phone to update the watch with the latest time zone information.

Summer Time Table

When [AUTO] is selected for a city that observes summer time, switching between standard time and summer time will be performed automatically at the timing shown in the table below.

Note

- Summer time start and end dates for your current location may be different from those shown below. If this happens, you can have new summer time information for your Home City and World Time city sent to the watch by connecting the watch with a phone. If the watch is not connected with a phone, you can change the summer time setting manually.

City Name	Summer Time Start	Summer Time End
London	01:00, last Sunday in March	02:00, last Sunday in October
Paris	02:00, last Sunday in March	03:00, last Sunday in October
Athens	03:00, last Sunday in March	04:00, last Sunday in October
Tehran	00:00, March 22 or 21	00:00, September 22 or 21
Sydney, Adelaide	02:00, first Sunday in October	03:00, first Sunday in April
Lord Howe Island	02:00, first Sunday in October	02:00, first Sunday in April
Wellington	02:00, last Sunday in September	03:00, first Sunday in April
Chatham Islands	02:45, last Sunday in September	03:45, first Sunday in April
Anchorage	02:00, second Sunday in March	02:00, first Sunday in November
Los Angeles	02:00, second Sunday in March	02:00, first Sunday in November
Denver	02:00, second Sunday in March	02:00, first Sunday in November
Chicago	02:00, second Sunday in March	02:00, first Sunday in November
New York	02:00, second Sunday in March	02:00, first Sunday in November
Halifax	02:00, second Sunday in March	02:00, first Sunday in November
St. John's	02:00, second Sunday in March	02:00, first Sunday in November
Rio de Janeiro	Midnight, first Sunday in November	00:00, third Sunday in February or 00:00, fourth Sunday in February

- The information in the above table is current as of January 2019.

Supported Phones

For information about phones that can connect with the watch, visit the CASIO website.

https://world.casio.com/os_mobile/wat/

Specifications

Accuracy at normal temperature :

±15 seconds per month average when time adjustment by communication with a phone is not possible.

Timekeeping :

Analog

Hour, minute (moves every 10 seconds), second

Digital

Hour, minute, second, month, day, day of the week

a.m./p.m.(P)/24-hour timekeeping

Full Auto Calendar (2000 to 2099)

Summer Time

World Time :

39 cities (39 time zones) and Coordinated Universal Time (UTC)

Summer time

Home Time swapping

Stopwatch :

Measurement unit:

1/1000 seconds (first hour)

1/10 seconds (after first hour)

Measuring range: 23 hours 59 minutes 59.9 seconds

Measurement Functions:

Normal elapsed time, split times, 1st and 2nd place finisher times

Timer :

Unit: 1/10 seconds

Range: 24 hours

Time setting unit: 1 second

Time setting range: 1 second to 24 hours

10-second beeper when the end of the countdown is reached

Alarm :

Time alarms: 5

Selectable: DAILY, 1TIME, SCHEDULE (DAILY/1TIME)

Setting units: Hours, minutes

(SCHEDULE)

Setting units: Years, months, days, hours, minutes

Alarm tone duration: 10 seconds

Hourly time signal: Beep every hour on the hour

Mobile Link :

- Auto Time Correction
Time setting adjusted automatically at preset time.
- One-touch Time Correction
Manual connection and time adjustment
- Phone finder
Watch operation sounds the alert sound of the mobile phone.
- World Time
A selection of more than 300 World Time cities
Home Time/World Time swapping
- Auto Summer Time Switching
Automatic switching between standard time and summer time.
- Timer Settings
- Alarm Settings
- Hand alignment correction
- Data Communication Specifications
Bluetooth®
Frequency Band: 2400MHz to 2480MHz
Maximum Transmission: 0 dBm (1 mW)
Communication range: Up to 2 meters (depends on environment)

Other :

- High-brightness double LED light, illumination duration setting, Full Auto Light, power saving, battery power indicator, operation tone on/off, hand shift

Power Supply :

- Solar panel and one rechargeable battery
- Battery operating time: Approximately 6 months
- Conditions:
 - Auto time correction: 4 times/day
 - Alarm: Once (10 seconds)/day
 - Illumination: Once (1.5 seconds)/day
 - Power Saving: 6 hours/day

Specifications are subject to change without notice.

Mobile Link Precautions

● Legal Precautions

- This watch complies with or has received approval under the radio laws of various countries and geographical areas. Using this watch in an area where it does not comply with or has not received approval under applicable radio laws may be a criminal offense. For details, visit the CASIO Website.

<https://world.casio.com/ce/BLE/>

- Use of this watch inside of aircraft is restricted under the aviation laws of each country. Be sure to follow the instructions of airline personnel.

● Precautions when using Mobile Link

- When using this watch in combination with a phone, keep the watch and phone close to each other. A range of two meters is recommended as a guideline, but the local environment (walls, furniture, etc.), the structure of a building, and other factors may require a much closer range.
- This watch can be affected by other devices (electrical devices, audio-visual equipment, office equipment, etc.) In particular, it can be affected by operation of a microwave oven. The watch may not be able to communicate normally with a phone if a microwave oven is operating nearby. Conversely, this watch may cause noise in radio reception and the video image of a TV.
- Bluetooth of this watch uses the same frequency band (2.4 GHz) as wireless LAN devices, and use of such devices in close proximity of this watch may result in radio interference, slower communication speeds and noise for the watch and the wireless LAN device, or even communication failure.

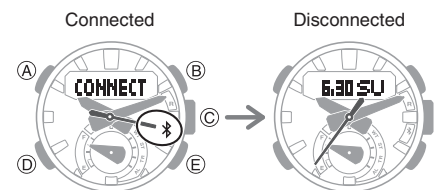
● Stopping Radio Wave Emission by This Watch

The watch is emitting radio waves whenever the second hand is pointing to [R] or . In addition, the watch also connects phone automatically four times a day to adjust its time setting.

When in a hospital, on an aircraft, or in any other area where the use of radio waves is not allowed, use the operation below to stop radio wave generation.

- Stopping Radio Wave Generation

Press any button to terminate the Bluetooth connection.



- Disabling Auto Time Adjustment
Configure G-SHOCK Connected settings to disable time adjustment between the watch and phone.

[Using G-SHOCK Connected to Configure Settings](#)

[Using Watch Operations to Configure Settings](#)

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Troubleshooting

I can't pair the watch with a phone.

Q1 I've never been able to establish a (pairing) connection between the watch and phone.

Are you using a supported phone model?

Check if the phone model and its operating system are supported by the watch.

For information about supported phone models, visit the CASIO Website.

https://world.casio.com/os_mobile/wat/

Did you install G-SHOCK Connected on your phone?

G-SHOCK Connected needs to be installed on your phone in order to connect with the watch.

🔗 ① [Install the required app on your phone.](#)

Are your phone's Bluetooth settings configured correctly?

Configure the phone's Bluetooth settings. For details about setting procedures, see your phone documentation.

iPhone Users

- "Settings" → "Bluetooth" → On
- "Settings" → "Privacy" → "Bluetooth" → "G-SHOCK Connected" → On

Android Users

- Enable Bluetooth.

Other than the above.

Some phones need to have BT Smart disabled to use G-SHOCK Connected. For details about setting procedures, see your phone documentation.

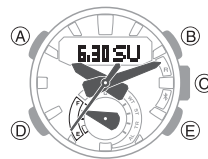
On the Home Screen, tap: "Menu" → "Settings" → "Bluetooth" → "Menu" → "BT Smart settings" → "Disable".

I can't reconnect the watch and phone.

Q1 The watch will not re-connect with the phone after they are disconnected.

Is G-SHOCK Connected running?

The watch cannot re-connect with the phone unless G-SHOCK Connected is running on the phone. On the phone's Home Screen, tap the "G-SHOCK Connected" icon. Then on the watch, hold down (C) for at least 1.5 seconds. Release the button when [CONNECT] starts to flash.



Have you tried turning your phone off and then back on again?

Turn the phone off and then back on, and then tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds. Release the button when [CONNECT] starts to flash.



Q2 I can't connect while my phone is in the Airplane Mode.

Connection with the watch is not possible while the phone is in the Airplane Mode. After exiting the phone's Airplane Mode, go to its Home Screen and tap the "G-SHOCK Connected" icon. Then on the watch, hold down (C) for at least 1.5 seconds. Release the button when [CONNECT] starts to flash.



Q3 I changed the phone's Bluetooth from enabled to disabled, and now I can't connect anymore.

On the phone, disable and then re-enable Bluetooth, and then go to the Home Screen and tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds. Release the button when [CONNECT] starts to flash.



Q4 I can't connect after turning off the phone.

Turn on the phone and tap the "G-SHOCK Connected" icon. Then on the watch, hold down (C) for at least 1.5 seconds. Release the button when [CONNECT] starts to flash.

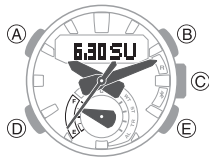


Phone-Watch Connection

Q1 I can't establish a connection between the phone and watch.

Have you tried turning your phone off and then back on again?

Turn the phone off and then back on, and then tap the "G-SHOCK Connected" icon. Next, on the watch, hold down (C) for at least 1.5 seconds. Release the button when [CONNECT] starts to flash.



Has the watch been re-paired with the phone?

After deleting pairing information from G-SHOCK Connected, re-pair them.

[Unpairing](#)

If you are unable to establish a connection...

Use the procedure below to delete the pairing information from the watch, and then re-pair the watch and phone.

- ① Hold down (D) for at least two seconds to enter the Timekeeping Mode.
- ② Hold down (A) for at least two seconds until the name of the currently selected Home City is displayed.
- ③ Press (D) twice so the seconds digits are flashing.
- ④ Hold down (B) for at least 2 seconds. Release it when [CLR] stops flashing. This deletes the pairing information from the watch.
- ⑤ Press (A) to exit the setting screen.

Changing to a Different Phone Model

Q1 Connecting the current watch to another phone.

Pair the watch with the phone.

[If you purchase another phone](#)

Auto Time Adjustment by Bluetooth Connection (Time Adjustment)

Q1 When does the watch adjust its time?

The watch will connect with the phone and perform auto time adjustment at around 12:30 a.m., 6:30 a.m., 12:30 p.m. and 6:30 p.m. The connection is automatically terminated after auto time adjustment is complete.

Q2 Auto time adjustment is not performed at a scheduled time.

Is auto time adjustment not being performed according to its normal schedule?

Note that auto time adjustment is not performed for 24 hours after swapping of the Home Time and World Time, or after the time setting is adjusted manually on the watch. Auto time adjustment will resume 24 hours after either of the above operations is performed.

Is a stopwatch or timer operation being performed?

Auto time adjustment will not start at the scheduled times if a stopwatch or timer operation is in progress. Stop the stopwatch or timer operation.

[Stopwatch](#)
[Timer](#)

Is auto time adjustment enabled?

Auto time adjustment will not be performed at the scheduled times unless it is enabled. Enable auto time adjustment.

[Using G-SHOCK Connected to Configure Settings](#)
[Using Watch Operations to Configure Settings](#)

Q3 The watch does not show the correct time even after (C) is pressed.

The watch will not adjust its time if you press (C) while a stopwatch or timer operation is in progress. Stop the stopwatch or timer operation and then press (C) again.

Q4 Time is not displayed correctly.

If your phone is unable to receive a signal because you are outside its service range or cannot connect to a network for some other reason, the watch may not display the correct time. If this happens, connect the phone to a network and then perform the time adjustment operation.

Alarms

Q1 The alarm does not sound.

Is the watch's battery charged?

Keep the watch exposed to light until it recharges sufficiently.

[Solar Charging](#)

Is the alarm enabled?

Enable the alarm.

[Turning Off an Alarm or the Hourly Time Signal](#)