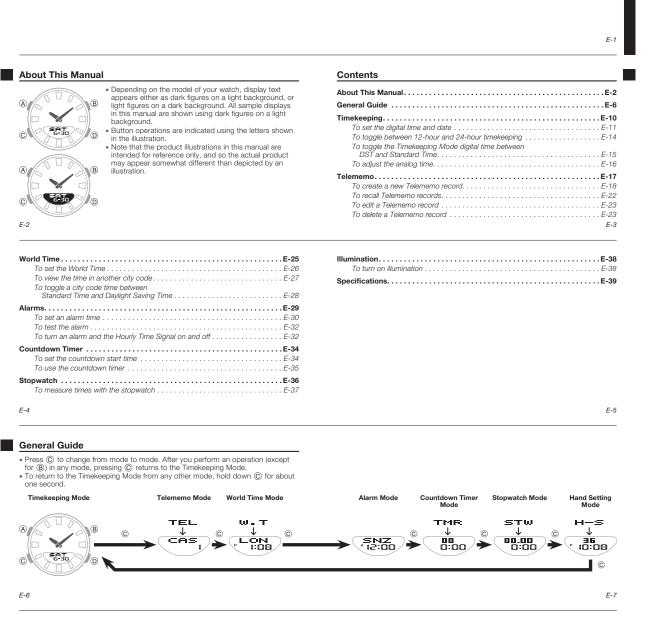
CASIO

ENGLISH

Congratulations upon your selection of this CASIO watch.



Auto Return Feature

- The watch automatically returns to the Timekeeping Mode if you do not perform any button operation for two or three minutes in the Telememo, Alarm, or Hand Setting Mode.
- If you leave a screen with flashing digits or a cursor on the display for two or three minutes without performing any operation, the watch automatically exits the setting screen.
- Holding down () for about one second in any mode jumps directly to the Timekeeping Mode. This operation does not work while a setting screen is on the display.

Scrolling

F-8

• The (B) and (D) buttons are used in various modes and setting screens to scroll through data on the display. In most cases, holding down these buttons during a scroll operation scrolls through the data at high speed.

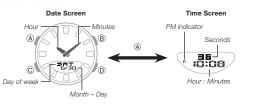
Initial Screens

When you enter the Telememo, World Time, or Alarm Mode, the data you were viewing when you last exited the mode appears first.

CASIO,

Timekeeping

This watch features separate digital and analog timekeeping. The procedures for setting the digital time (page E-11) and analog time (page E-15) are different. • In the Timekeeping Mode, press (A) to toggle the display between the date screen and the time scre



E-10

3. When the setting you want to change is flashing, use B and D to change it as described belo

Screen	To do this:	Do this:		
36	Reset the seconds to 00.	Press D.		
OFF	Toggle between Daylight Saving Time (ON) and Standard Time (OFF).	Press D.		
° 10:08	Change the hour or minute.			
2018 Change the year.		Use (D) (+) and (B) (-).		
6-30	Change the month or day.	m		

E-12

- To toggle between 12-hour and 24-hour timekeeping
 In the Timekeeping Mode, press (i) to toggle between 12-hour timekeeping (indicated by A or P on the display), or 24-hour timekeeping.
 With the 12-hour format, the P (PM) indicator appears on the display for times in the range of noon to 11:59 p.m. and the A (AM) indicator appears for times in the range of midnight to 11:59 a.m.
- . With the 24-hour format, times are displayed in the range of 0:00 to 23:59, without
- The 12-hour/24-hour timekeeping format you select in the Timekeeping Mode is applied in all modes.

Digital Time Daylight Saving Time (DST) Setting Daylight Saving Time (summer time) advances the digital time setting by one hour from Standard Time. Remember that not all countries or even local areas use Davlight Saving Time.

E-14

To adjust the analog time

- In the Timekeeping Mode, press © six times to enter the Hand Setting Mode (page E-7). (C) Ô
 - 2. Hold down (A) until the current digital time starts to flash, which indicates the analog setting screen 3. Press (D) to advance the analog time setting by 20 seconds.

 Holding down
 advances the analog time setting at high speed.

4. Press (A) to exit the setting screen • To return to the Timekeeping Mode, press ©

E-16

To create a new Telememo record

(B) ©

- In the Telememo Mode, press (B) and (D) at the same time to display the new data screen.
 The new data screen shows ---, which indicates that there is no text in the name field.
- D If the new data screen does not appear, it means that memory is full. To store another record, you will first have to delete some of the records stored in memory. New Data Screen

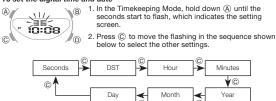


- 2. Hold down (A) until the flashing cursor (_) appears in the name field of the display, which indicates the setting screen.
- 3. Use () and () to change the character at the cursor position in the name field. The character changes in the following sequence.

Digital Time and Date

Use the Timekeeping Mode to set and view a digital display of the current time and date. When setting the digital time, you can also configure settings for summer time (Daylight Saving time or DST).

To set the digital time and date



F-11

- 4. Press (a) to exit the setting screen.

 Resetting the seconds only (without changing the hour, minute, or DST setting) causes the analog minute hand setting to be adjusted automatically. If you change the hour, minute, or DST setting, you should also use the procedure under "To adjust the analog time" (page E-16) to adjust the analog hands
 - accordingly. See "Digital Time Daylight Saving Time (DST) Setting" (page E-14) for details about the DST setting.
 - Resetting the seconds to 00 while the current count is in the range of 30 to 59 causes the minutes to be increased by 1. In the range of 00 to 29, the seconds are reset to 00 without changing the minutes.
 The day of the week is automatically displayed in accordance with the date
 - (year, month, and day) settings.
 - The year can be set in the range of 2000 to 2099.
 The watch's built-in full automatic calendar makes allowances for different month lengths and leap years. Once you set the date, there should be no reason to change it except after you have the watch's battery replaced.

E-13

To toggle the Timekeeping Mode digital time between DST and Standard Time



1. In the Timekeeping Mode, hold down (A) until the seconds start to flash, which indicates the setting screen. 2. Press (C) once to display the DST setting screen.

Press D to toggle between Daylight Saving Time (ON displayed) and Standard Time (OFF displayed).

4. Press (a) to exit the setting screen.
The **DST** indicator appears on the Timekeeping, Alarm, and Hand Setting Mode to indicate that Daylight Saving Time is turned on.

Setting the Analog Time Perform the procedure below when the time indicated by the analog hands does not match the time of the digital display.

Telememo

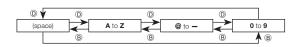
Remaining memory LEEL Record number B CAS t-D രി Number 03-53

Telememo lets you store up to 30 records, each containing name and telephone number data. Records are automatically sorted based on the characters of the name. You can recall records by scrolling through them on the display.

- A Telememo Mode record has a name field and a number field.
 See "Character List" at the back of this manual for
- details on how the watch sorts records.
- All of the operations in this section are performed in the Telememo Mode, which you enter by pressing © (page E-6).

E-17

E-15



You can input spaces, alpha characters, symbols, and numbers in a name. For details, see the "Character List" at the back of this manual.

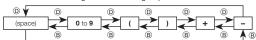
- 4. When the character you want is at the cursor position, press C to move the cursor to the right.
- 5. Repeat steps 3 and 4 until the name is complete You can input up to eight characters for the name.



6. After you input the name, press (C) as many times as necessary to move the cursor to the number field. • You can tell when you are in the name field because of the long cursor (_). The number field has a short cursor (_).

CASIO

- The name field has spaces for eight characters, so you must press (C) to move
- The number field has spaces for 16 digits. Pressing © until the cursor moves past the 8th character in order to get to the number field.
 The number field has spaces for 16 digits. Pressing © until the cursor moves past the 16th digit causes it to jump back to the first character of the name field.
- 7. Use (D) and (B) to change the character at the cursor position in the number field. The character changes in the following sequence.



- 8. When the character you want is at the cursor position, press C to move the cursor to the right.
- 9. Repeat steps 7 and 8 until you complete number input. You can input up to 16 digits for the number.
- F-20

To recall Telememo records

, \sim recent elemento records In the Telememo Mode, press (+) to scroll through Telememo records on the display.

 Only name data appears when you scroll through Telememo records. Press (A) to toggle the screen between the name and number fields.



screen to appear



3. Press (B) and (D) at the same time to delete the record. • CLR appears to indicate that the record is being deleted. After the record is deleted, the cursor appears on the display, ready for input.

4. Input data or press (A) to return to the Telememo record screen

10. Press (A) to store your data and return to the Telememo record screen (without the cursor).

- After you press (A) to store data, the name flashes for about one second to indicate that records are being sorted.
- Note that a record must have something input in the name field, otherwise you will not be able to store it.

To edit a Telememo record

- In the Telememo Mode, use D to scroll through the records and display the one you want to edit.
- 2. Hold down (A) until the flashing cursor appears on the display.
- 3. Use (C) to move the flashing to the character you want to change.
- 4. Use (B) and (D) to change the character.
- For details on inputting characters, see "To create a new Telememo record" (step 3 for name input and 7 for number input).
- 5. After making the changes that you want, press (A) to store them and return to the Telememo record screen
- To delete a Telememo record In the Telememo Mode, use () to scroll through the records and display the one you want to delete.
- 2. Hold down (A) until the flashing cursor appears on the display.

E-23

World Time

©

citv code



Current time for the selected

Timekeeping Mode time.

5. Press (A) to exit the setting screen

To view the time in another city code

In the World Time Mode, press D to scroll through city codes.

World Time digitally displays the current time in 30 cities (29 time zones) around the world. All of the operations in this section are performed in the World Time Mode, which you enter by pressing
 (© (page E-6).

World Time

D

The time settings of the Timekeeping Mode and the World Time Mode are independent of each other, so you must make separate settings for each. This watch is preset with a number of city codes, each of which represents the time zone where that city is located.

Whenever you change the time setting for any city in the World Time Mode, the settings of all other cities are changed accordingly.

4. While a setting is flashing, use () and () to change it.
Pressing () and () at the same time while any World Time setting is flashing causes the displayed time to change to the same setting as the current

While DT on/Off setting is selected (flashing), press () to toggle between Daylight Saving Time (**ON**) and Standard Time (**OFF**).
While the hour or minutes setting is selected (flashing), use () (+) and () (-) to

E-25

E-27

E-24

If your location is not included in the preset city codes, select the preset city code that is in the same time zone as your location.

For full information on city codes, see the "City Code Table" at the back of this manual.

To set the World Time



1. In the World Time Mode, press to scroll through city codes.

2. Hold down (A) until the DST On/Off setting of the world time starts to flash, which indicates the setting screen D 3. Press (C) to move the flashing in the sequence shown below to select the other settings.





To toggle a city code time between Standard Time and Daylight Saving Time

- In the World Time Mode, use (1) to display the city code whose Standard Time/Daylight Saving Time setting you want to change. B
- 7 C IDST

<u>\\\\\</u>

- 2. Hold down (a) until the DST On/Off setting of the world time starts to flash, which indicates the setting screen.
- Press (D) to toggle between Daylight Saving Time (ON displayed) and Standard Time (OFF displayed).



- 4. Press (A) to exit the setting screen.
 The DST indicator appears on the World Time Mode display to indicate that Daylight Saving Time is turned on.
 - How above operation toggles all World Time city codes between Daylight Saving
 Time and Standard Time. Note that you cannot make settings for individual city
 codes.

change it.



You can set three independent Daily Alarms. When an alarm is turned on, the alarm tone sounds when the alarm time is reached. One of the alarms is a snooze alarm (SNZ)

Vou can turn on an Hourly Time Signal that causes the watch to beep twice every hour on the hour. • There are four screens in the Alarm Mode. Three are for

- - - Alarms AM indicato
 - B D

There are tool subjects in the Alain Model in the daily alarms (AL1, AL2, and SNZ), and one is for the Hourly Time Signal (SIG).
 All of the operations in this section are performed in the Alarm Mode, which you enter by pressing © (page E-7).

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CASIO

To set an alarm time



1. In the Alarm Mode, use (1) to scroll through the alarm screens until the one whose time you want to set is displayed.



- To set a daily alarm, display one of the daily alarm screens: AL1, AL2 or SNZ (snooze alarm). The snooze alarm repeats every five minutes.
- 2. After you select an alarm, hold down (A) until the hour setting of the alarm time starts to flash, which indicates the setting screen
 This operation automatically turns on the alarm.
- 3. Press (C) to move the flashing between the hour and minute settings.
- E-30

To test the alarm In the Alarm Mode, hold down (1) to sound the alarm

To turn an alarm and the Hourly Time Signal on and off 1. In the Alarm Mode, use (D) to select an alarm or the Hourly Time Signal.

- 2. Press A to toggle it on and off.
 - The indicators shown below appear on the display when the daily alarm and Hourly Time Signal are turned on. Each indicator disappears when the corresponding function is turned off.



E-32

Countdown Timer



- The countdown timer can be set within a range of one minute to 24 hours. An alarm sounds when the All of the operations in this section are performed in the Countdown Timer Mode, which you enter by pressing © (page E-7).
- To set the countdown start time
- In the Countdown That March hold down (A) until the hour setting of the countdown start time starts to flash, which indicates the setting screen.
- 2. Press (C) to move the flashing between the hour and minute settings
- 3. While a setting is flashing, use () (+) and () (-) to change it.
 To set the starting value of the countdown time to 24 hours, set 0:00.
- 4. Press (A) to exit the setting screen.
- E-34

C

E-36

Hours

Stopwatch Seconds

- The stopwatch lets you measure elapsed time, split times, and two finishes. The display range of the stopwatch is 23 hours, 59 minutes, 59.99 seconds. 1/100 second STW The stopwatch continues to run, restarting from zero after it reaches its limit, until you stop it. The stopwatch measurement operation continues even if you exit the Stopwatch Mode. (B)
 - Exiting the Stopwatch Mode while a split time is frozen on the display clears the split time and returns to elapsed time measurement.

All of the operations in this section are performed in the Stopwatch Mode, which you enter by pressing © (page E-7).

Min

D

Illumination

The face of the watch is illuminated for easy reading in the dark.

To turn on illumination

- In any mode (except when a setting screen is on the display), press (\underline{B}) to illuminate the display for about one second.
- Illumination Precautions
- Illumination may be hard to see when viewed under direct sunlight.
 Illumination turns off automatically whenever an alarm sounds.
- · Frequent use of illumination runs down the battery

- 4. While a setting is flashing, use (D) (+) and (B) (-) to change it. • When setting the alarm time using the 12-hour format, take care to set the time correctly as a.m. (A indicator) or p.m. (P indicator).
- 5. Press (A) to exit the setting screen

Alarm Operation

The alarm sounds at the preset time for about 10 seconds, regardless of the mode the watch is in. In the case of the snooze alarm, the alarm operation is performed a total of seven times, every five minutes, or until you turn the alarm off (page E-32).

- Alarm and Houry Time Signal operations are performed in accordance with the Timekeeping Mode digital time.
 To stop the alarm tone after it starts to sound, press any button.
 Performing any one of the following operations during a 5-minute interval between snooze alarms cancels the current snooze alarm operation.
 Displaying the Timekeeping Mode setting screen (page E-6)
 Displaying the SNZ setting screen (page E-30)

F-31

- The above on indicators appear on the display in all modes.
 An on indicator on the display flashes while its corresponding alarm operation is sounding.
- . The snooze alarm on indicator flashes during the 5-minute intervals between alarms

E-33

E-35

A

To use the countdown timer



Press (D) while in the Countdown Timer Mode to start the B

 When the end of the countdown timer mode to start the countdown timer.
 When the end of the countdown is reached, the alarm sounds for 10 seconds or until you stop it by pressing any button. The countdown time is automatically reset to its starting value after the alarm stops.

- Press (i) while a countdown operation is in progress to pause it. Press (ii) again to resume the countdown.
- To completely stop a countdown operation, first pause it (by pressing ^(D)), and then press ^(A). This returns the countdown time to its starting value.
 The countdown time measurement operation continues even if you exit the Countdown Timer Mode.
- To measure times with the stopwatch Elapsed Time (D) > (D) = > (D) =

Start	Stop	Resume	Stop	Reset
Split Time				
$\square \longrightarrow$	> (A)	$\land \longrightarrow$	- D>	⊳ (A)
Start	Split	Split release	Stop	Reset
Two Finishes				
$\square \longrightarrow$		$\bigcirc \longrightarrow$	- A	⊳ (A)
Start	Split First runner finishes. Display time of first runner.	Stop Second runner finishes.	Split release Display time of second runner.	Reset

E-37

Specifications

Accuracy at normal temperature: ± 30 seconds a month Timekeeping: Hour, minutes, seconds, a.m. (A)/p.m. (P), month, day, day of the week

- Time format: 12-hour and 24-hour
- Calendar system: Full Auto-calendar pre-programmed from the year 2000 to 2099 Other: 2 screen formats (Date, Time); Daylight Saving Time (summer time)/ Standard Time

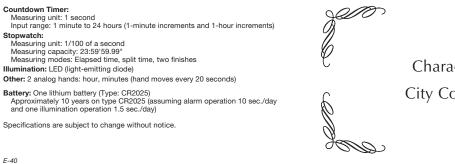
Telememo:

Memory capacity: Up to 30 records, each including a name (8 characters) and telephone number (16 digits) Other: Remaining memory screen; Auto sort

World Time: 30 cities (29 time zones) Other: Daylight Saving Time/Standard Time

Alarms: 3 daily alarms (with 1 snooze alarm); Hourly Time Signal

CASIO.





Character List

1	(space)	11	\mathbf{J}	21	Т	31	2	41	0
2	A	12	\mathbf{E}	22	U	32	2	42	1
3	B	13	i	23	\sim	33	-	43	Β
4		14	М	24	ω.	34	2	44	Ŵ
5		15	M	25	\times	35	:	45	4
6	E	16	0	26	\sim	36	C	46	Ц
7	F	17	P	27	Ν	37	0	47	θ
8	G	18	\odot	28	æ	38	1	48	N
9	Н	19	R	29		39	+	49	Ŵ
10	I	20	Ŵ	30	12	40	—	50	9

City Code Table

City Code	City	UTC Offset/ GMT Differential	
PPG	PAGO PAGO	-11	
HNL	HONOLULU	-10	
ANC	ANCHORAGE	-9	
LAX	LOS ANGELES	-8	
DEN	DENVER	-7	
CHI	CHICAGO	-6	
NYC	NEW YORK	-5	
CCS	CARACAS	-4	
RIO	RIO DE JANEIRO	-3	
		-2	
		-1	
LON	LONDON	0	
PAR	PARIS	+1	
BER	BERLIN		
CAI	CAIRO	+2	
JRS	JERUSALEM		

City Code	City	UTC Offset/ GMT Differential
JED	JEDDAH	+3
MOW	MOSCOW	+3
THR	TEHRAN	+3.5
DXB	DUBAI	+4
KBL	KABUL	+4.5
KHI	KARACHI	+5
DEL	DELHI	+5.5
DAC	DHAKA	+6
RGN	YANGON	+6.5
BKK	BANGKOK	+7
HKG	HONG KONG	+8
TYO	TOKYO	+9
ADL	ADELAIDE	+9.5
SYD	SYDNEY	+10
NOU	NOUMEA	+11
WLG	WELLINGTON	+12
		L-3

L-2

Above table data is current as of January 2017.
This table shows the city codes of this watch.
The rules governing global times (UTC offset and GMT differential) and summer time are determined by each individual country.

L-4